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The OM (the One Moment) ~
Life's Truisms in Balance
A weekly column by Nenari, Princess of the Sea

This week's column I present to you the first in a two part discourse on what Love and Family truly means in the moment. Enjoy being in this OM, the One Moment.

What Does Family Truly Mean?, Part Two

By Nenari, Princess of the Sea, the "Diamondlady" of Lemuria

The bond that links your true family is not one of blood, but of respect and joy in each other's life. Rarely do members of one family grow up under the same roof ~Richard Bach, Illusions

As we spoke of last week within conditional Love, now we will delve deeper into what family and what unconditional Love is ~ Family is a feeling of Love that is within your heart for another or for others, and they you. And this Love is soulful Love which is why we call it abSOULute Love or love from the soul. It is Love that is as we call it on this earth unconditional, meaning it is free from conditions of I will love you if you act or be this way or that or if you do what I say and such things. And this Love is free from possessions in which we understand that no one soul is ever "mine" or "ours" that we are all gifts of the universe, children of the universe and in that we are simply here to Love and be loved again and again, sharing our whole, perfect, and completeness with another in relationship. Thus, when we are my as in my husband, it is free from meaning a form of possession, it is that he of his own Divine Free Choice chooses to be with me, it is a term of endearment and of choice rather than of possession. As Barbara Rose just recently wrote *"Many of the relationships you have had in the past seemed to require "vows" – forever. In this new view, the relationships will allow for personal freedom on all levels. "Faithfulness" will come from one's genuine heartfelt desire to be with you, rather than a legally imposed order – that as you may surmise, has not really worked in your societies anyway. As you and your partners awaken on all levels, you will not be able to keep secrets from each other, because you will literally be able to read the other person's mind. So there will be a special level of intimacy that will be experienced as your genuine desires are both known, and respected. During this transition, it is imperative that you learn how to verbally communicate anything that you may feel, so that it can be cleared up immediately."* And this applies free from

being only within romantic relationships, this applies to family and all relationships, transforming relationships into REALationships or REAL relationships. This is in part what our OneSoul REALationship circles that we do all over the globe are all about.

This Love of true family is also a Love that of free from attachments as well. Attachment within true love is a beautiful thing, yet attachment from a family sense and of relationships that are earthly is free from being true love. Family origin and earthly relationship attachment comes with I cannot do anything without you, I will die if you leave me, I cannot function without you. Such also comes with a host of obligations as well. You constantly feel obligated to do or say or be or not do or not say or not be things, you wear a false mask. Attachment in true love is as my beloved writes 'Having thoughts/images/feelings desiring to be united/bonded with the one these thoughts/images/feelings are created from in an energy field that uniquely binds' This is true within romantic love relationships yet also of all relationships. For it is that energy field of a common bond, common resonance of true love that creates what family truly is. Thus in essence it is attachment that is of BEing with one another rather than attachment that we commonly think of on this earth. And within such attachment in this deeply spiritually aware way of relationships such relationships, such family is that of freedom.

And this then also of a Love of true family is that of being FREE; free to BE who we are and still be loved, accepted, cherished, honoured, and revered anyhow. We love another for who they are bumps, bruises, and all as they saying goes. Meaning we allow our soul and all souls to simply BE who we are, without attempting to change, fix, or make another "wrong" for being who we are. For we understand that there is nothing to fix or change, that each of us are whole, perfect, complete, and beautiful just as we are.

Love is free from ever keeping another in captivity. Love releases and lets go; gives and receives love freely. In both *Song of the Troubadour* and *Song of the Princess*, my beloved and I speak of such freedom and captivity. Within *Song of the Princess* I write this ~ "*Those held captive learn to accept the destiny be given them in such moments. Their souls are then beheld asleep within a cage. Such an asleep soul builds cages for every soul that they know. While the Princess, who ducks her head when the moon is low, sees the prison for the illusion that it is and keeps gifting keys all night long to the awe~inspiring, raucous captives. For the Princess would neither be held captive nor bring another into captivity. To do so would interfere with the gift of the universe each soul is. To the captive she writes and sings songs of freedom, to others the song of the soul, the song of love that gives such freedom...*"

There are moments within such conditional Love being all that we have ever known, we seek to place things called boundaries and acceptable behaviours, much like I wrote of earlier that our parents did with us as children. Boundaries and of acceptable behaviours are of ego and control not of Love. Love there are no boundaries nor "acceptable" behaviours, Love simply loves regardless of how

another acts, what they do or say. Love of true family also is free from ever leaving, for in love, in true love, there are no goodbyes in love. And this Love is also of a giving free from expecting or desiring anything in return.

As my beloved says within some of the lyrics to one of his songs called This Love ~ *"This love is forever and this love will always be. This love is within us, this love that never leaves, this love would wait forever cuz this love is why its all here. This love has all power, this love understands."* It is through the incredible Love relationship with my beloved these last two years that he has shown me all of what I write to you about what Love is, and also what it is free from being. Things I already knew in my heart, yet it is through our relationship that has shown me that of what my heart already knew. Things my beloved has shown me through both the absolute truth and also the illusions of the opposite that I am infinitely appreciative and grateful for and love him deeply for. And I give the same gift to him that he too is infinitely appreciative and grateful for. We are this for one another always, in all ways. And that is what family and true Love is about.

Having Said That....

Now, sometimes yes, such sense of family and of true Love can come from our families of origin and when it does it is beautiful. Having said that, there are a soul group of us who have chosen to come here to this life to experience the opposite of that, and be free from having such with our family of origin so we could come to understand the true meaning of family. If you are reading this at this moment and are resonating with what is within such here, then you know deep in your heart that you are one such soul, as am I, and many others like us that I know and I sure you may know as well. Such occurrences with our family of origin then gives us the opportunity to create what is family to us.

For most of us on the spiritual path this means creating a family called our spiritual family. Family like what I describe here. We create such free from being a replacement for what we somehow feel is missing, for there is free from anything missing at all. It is simply that we come to understand that family comes in many forms and that it is what resonates with us as family that will create the sacred space that we desire in our lives. We then come to understand that our family of origin will be who they are to be, and we can still love them anyway. This may mean we may be free from seeing them much or sometimes not at all, yet we understand that whatever form we can and do relate or not relate with our family of origin we still hold them in a place of love, always, in all ways.

As we step into Oneness Universal Love consciousness which is what this shift of 2012 and beyond is really about, we come to understand that what we were indoctrinated to believe that family is "supposed to be" is now shifting into what family and love truly is. And for the holidays, maybe this means we will spend

moments with our families of origin, or maybe not. Yet if we do, we can do such with sense of simply just being with them in the OM, the One Moment, and understanding that they are simply being who they are, who they contracted to be before they came here for us and with us. Therefore how can we be upset with them for doing and being whom they are meant to be and what they are meant to do. In that our moments with them may be short over the holiday season, yet rather than make it moments of drudgery or obligation, simply choose to be there and enjoy seeing and experiencing the opposite. For after all, it does give us the gift of an opportunity to get clear about who we are and what we desire, and still love them anyway. Take the moments now to create the spiritual family, the family of true Love you desire and continue to love your family of origin always, in all ways. For as my beloved said to me the other day 'There's no place like OM' :)

May your holiday season and each moment in the OM, the One Moment be filled with infinite blessings of *Absoulute* Love, Infinite Light, Abundance within its infinite forms, Peace, and Bliss always, in all ways. Espavo ~