The OM (the One Moment) ~ Life's Truisms in Balance A weekly column by Nenari, Princess of the Sea (2009)



This week's column I present to you the first within a two part series on the discourse of Truth. Enjoy being in this OM, the One Moment.

Have you found THE Truth? By Nenari, Princess of the Sea, the "Diamondlady" of Lemuria

"If you reveal your secrets to the wind, you should not blame the wind for revealing them to the trees" ~Kahlil Gibran

"Say not, 'I have found the truth,' but rather, 'I have found a truth.' Say not, 'I have found the path of the soul.' Say rather, 'I have met the soul walking upon my path.' For the soul walks upon all paths. The soul walks not upon a line, neither does it grow like a reed. The soul unfolds itself, like a lotus of countless petals" ~ Kahlil Gibran (The Prophet)

As there is always a seamless flow from the Master Artist for this the OM column, so too is now this article. In other words, there are free from being any accidents, everything occurs for a reason. In the last series, we focused on being in integrity with one's soul and with other souls. Hand in hand with integrity one can surmise then comes the subject of what is true and what is false or a lie as we call it.

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It is interesting these quotes here from Gibran. Normally I place such quotes within the articles for the column, yet this moment I am called to reveal them from the start. The reason being is that many of us are so quick to judge another saying that our truth is the "only" way or that we get upset with another for sharing "secrets" or that something must be a lie if it is free from resonating with us. I see many people on twitter and Facebook and other such places say that they live in NY, India, and LA or other such things. Does this mean that these souls or even myself for that matter are somehow "lying" or that we are somehow "bad" for doing or saying such?

Within SOM (Science of Mind) it is said that the subjective "reality" is subject to what we perceive with our 5 senses. Yet we know and understand deeply that just as in the movie *The Matrix* that subjective reality is simply that "subject to". Within the spiritual ab*soul*ute or soulful truth, it is as Gibran shares which is to say not that we have found THE truth as in this is the only truth there is and that all else is a lie, rather we are invited to see that in the soulful truth of it all that ALL possibilities are true.

We are multi~dimensional BEings and we live in a multi~dimensional universe, and within that are multi~dimensional truths of where anything is infinitely possible and true. And as such multi~dimensional BEings of infinite possibilities that we are, we also do have the possibility of being in more than one place (physically and otherwise) at more than one time, as time is an illusion (more on this in a later article within this column). Within out limited indoctrinated thinking we "only believe" that we are able to do certain things. When we step into the realm of infinite possibilities just like that of the video on imagination that I gave you in this column a few weeks ago, we come to understand we are more than just this physical form we call a body, that we are infinite and therefore beyond our 3D 5 senses thinking. To come into the realm of the heart and soul is to come into infiniteness so unfathomable that we literally go out of our mind as we spoke of in the last article series. For the mind is limited within its reaches of understanding. It is within the heart and soul and of imagination that anything is indeed infinitely possible. Thus, when we have come into a truth, it is simply that A truth, one of infinitely possible truths, one if free from being any better than or untrue than another. It is really what resonates within you. The appearance of a lie then can appear to be a contradiction. Contradictions are common when we understand multi~dimensional consciousness~ as things that are true in one dimension may be free from being true in another as each dimension is a different level and vibrational frequency resonance of consciousness. Within Source energy all truths are truth though yet it just simply depends on which vibrational frequency dimension you are within.

If *A* truth resonates within you in that moment, then this is ok. And equally, if a truth is free from resonating with you, then this is ok as well. It is free from meaning that because it is free from resonating within you or another that it is somehow a 'lie' then or that someone is somehow "bad" for such. Ego consciousness would have you say that because I live in two places that I must being lying because how can one live in two places at once, it is physically impossible. Yet, within the ab*soul* ute truth is that home is really where your heart is rather than a physical place of residence. It can also be our physical residence yet it is free from being the only place. Where I Am currently living Lake IS my home as it is where I was birthed into existence here first on this earth, it is my Lemurian home. And thus, whether I am physically there at this moment or in Bali, my home is here. Taking it further still, I am, as We Are, all children of the Universe, thus really our home is the entire Universe. Thus, there may be moments when I am in physical form residing in the states, or Jamaica, or

India just as the other souls from twitter and Facebook are in LA or NY or Brazil, yet whatever it is that is true to us in the moment is as all is true within infinite possibilities.

Anything then that we place upon another of saying that they are "lying" or are somehow "bad" for saying such things then is a judgment in ego consciousness. In Love, in Ab*soul*ute Love, the love from the heart of the matter, from the soul, we come to embrace all in inclusivity (or including all) with the understanding that we as Gibran shares that we each meet souls walking upon our path together, theirs as it is ours as well. And within such a path as Gibran also shares with us each soul including our soul, is free from walking a straight line or grow straight like a reed. That we unfold within the infiniteness of the petals of the lotus in many ways, unfolding our brilliance in the beauty of sometimes a straight reed and other moments within the OM of the One Moment we curve upon the long and winding road to quote the Beatles song. And all the same, all roads lead back to home, to the Master Artist we call Source/Spirit/God/All That Is. And each path is ok and beautiful simply as it is.

While we all have the ability to see ours and others soul paths, most of us are free from being awakened to such gifts. Those of us such as myself and others who do see such, we are considered like Gibran, Rumi, Cayce and others like us to be prophets, seers, and philosophers of our time. Visionaries of worlds and universes beyond the reach of others. The absoulute soulful truth is we all have such gifts to "see" multi~dimensionally all of the amasing infinite possibilities and truths there are. It is how in~tuned we are to such. This is where the word intuition comes from in our earthly language. To be in~tuned, paying attention to such possibilities. Such sacred texts upon scrolls such as the prose from Gibran offer us a guide to the infinite possibilities that abound us. To assist us to reach beyond the 5 senses and into the realm of multi~dimensional senses where all is free from being a lie, that all is true.

Compassion, inclusivity, and love spring forth when we come to understand deeply that our truth is simply one of many infinite truths. This is why in the second book that poured through my being Stepping Into Spiritual Oneness I am the first to write and say, take with you what resonates with you and simply leave the rest. As we wrote of in the last article series on integrity, morality are simply a blanket of laws poured upon you that others tell you that you "should" do. BEing centred comes from integrity and ethics. Ethics and Integrity are what comes from within of such centredness shining out of BEing who you are, of walking your walk and talking your talk. Within walking such a walk and talking such a talk comes within being in integrity of what you say and walk as the truth within you heart in that moment within the ab*soul*ute truth of all infinite possibilities and being ok with others doing the same even if it is free from being the truth you embrace as "your truth". In other words, if you write a story on romantic relationships then to be in integrity means to walk the walk of romantic relationships as this is what you write about. Not because it is what you "should" do, but rather simply it is because it is A truth that you embrace which

is why you write about such. For in ab*soul*ute truth there is free from being any such thing as "your truth". As Gibran shares with us it is *A* truth, simply *A* truth that you are choosing to resonate with in this moment, and in the next moment if you choose, you are free from continue with such a truth or choose another of the infinite possibilities of truths that there are.

So then what of Gibran's words of secrets then? In Lemuria, we are a free society, a land where everything is open and shared, there are free from being any secrets. Atlantean energy which is of ego consciousness that we have seen here on this earth for so many thousands of years is of hiding and of secrets and of limitations and conditions. The absoulute truth, the soulful truth of Lemuria and of who we truly are is of Love. And that love is open, free, and sharing, in a place where there are free from being any secrets. Being that we are telepathic beings as this is our first and primary language, one can surmise then that if we are in tuned to such energy, that there is free from being anything that is held in secret to begin with. This is also where such things as remote viewing and lucid dream states come in as well in our ability to see and hear all beyond the 5 senses. Taking it a step further, it can also be said that some believe that the governments and other such peoples of this world have long since had the ability to see and hear such what we earthly term as secrets. If any of you have ever seen the movie Déjà vu you will know that this is their way of letting us know that such technologies exist and have existed for a long earthly time now.

Hence, the beauty within Gibran's words of 'If you reveal your secrets to the wind, you should not blame the wind for revealing them to the trees' invites us to open into the arms of true freedom. To be free from being upset with another if something is revealed to others that maybe you were free from desiring others to know. There is free from being any shame within Love. This is why in such second book that poured through my being *Stepping Into Spiritual Oneness* I also share that my life is an open book. Yes, there were things I was free from placing into the book at the time of its publication, yet they were free from being for reasons of secrecy. It was a matter of a couple of things. One is the books size. At present, the book is 480 pages. The other reasons was that there were things that I was still processing spiritually to come to their full and complete understanding before I wrote about such. One of those things being the transition (or death as we earthly call it) of someone who I love very deeply, who was the original embodiment of my twinsoul. Having said that, still if anyone were to come to me to ask me anything about my life or me personally, I will share with them openly and honestly. As a Lemurian, and a child of the universe I am free from having anything to hide.

When we share openly our hearts, within this vulnerability is where love resides and is our most treasured gift. Often times, we feel it is hard to open our hearts and share for many are free from understanding. Many see my beauty yet are free from understanding my heart. And in that, it has us at moments afraid to share. Yet, it is within our moments of such rawness, such vulnerability, such being from the heart, that has us BE Love all the more and in turn has others and

even ourselves love you all the more. Being closed in fear or hiding secrets is free from being who we really are. Being open and sharing from your heart will help others to understand your heart. And if they are free from understanding, it is then in that moment we are invited to understand that if that soul is unable to understand our heart, there are others who will. And it is ok if another is unable to understand. They just may be free from being in a place of resonating where we do in that moment, and it is ok. Those who do resonate will come to us because when we come from that place of being freedom, open, and sharing, we will naturally by the flow of the universe bring to us those who resonate in the same space as we do. Sometimes the universe brings us the opposite within those who are free from understanding, so that we can come to know deeply in our hearts the blessing of those who do understand. Bless those who are free from understanding your heart and know that the Lord of the winds and tides shall bring to you all you desire as you keep your heart open to love. May your heart be guided by love, and may your songs echo this same heart. So until the next moment within the OM, within the One Moment that we connect again, heart to heart, soul to soulThis is Nenari, Princess of the Sea sharing with you ~ May your life experience be filled with infinite blessings of Ab*soul*ute Love, Infinite Light, Abundance within its infinite forms, Peace, and Bliss always, in all ways. Espavo ~