<u>~Who I Am as The Princess of the Sea and the Music of My Heart, My Soul~</u> by Lady Nenari, Princess of the Sea, Lady of Glencoe, Highlands Scotland (Excerpt taken from my book Song of the Princess 2009)

To understand the Princess is to be in awe of how she feels music, how the very Spirit just flows through her when it comes to music...how it has been her heart since before she was breathed into existence....from her inner burning desire to sing such songs of Love and Light and give them to the world from the very Love and Light she is pouring through her being, to the silence between the notes that she hears, to the way she moves with such grace within her song, to the passion and divine spark of Love and Light within every note given, to the ability to understand beyond the words what feeling and intent is truly behind a song, to the infinite layers of harmony and melody within such a song.

She feels the heart of the song on the wind that is given from that same heart, feeling it deeply within the very core of her being and it is such a Troubadour who would understand this beyond all understanding....Others, they just hear a beautiful song. She hears, feels, and experiences music in a whole other realm that so few understand. It is often hard to place into words how she is this, and it is through being in her very presence that it is to experience such an understanding. The Princess understands deeply that music is the flow of what is in the moment. A complete rise, crescendo, and fall of the universe's heartbeat of the One Song of the universe (uni being One, and verse being Song) wrapped up in the OM, the One Moment. Music is the song of the soul, the heart of the Master Artist expressed through the OM, the One Moment. When we surrender to the OM, the One Moment, this flow of music is of the rivers, streams, and oceans combined and is what it means to be the Princess of the Sea as the soulful and physical expression of such music. The cadences and chordal progressions of the song of life mirrored within the infinite possibilities of this same life giving birth again and again infinitely through what we know on earth as the annals of time and space.

To give such a gift that pours through and to see its expression shine the light of love into the universe is the reason the Master Artist give us such gifts. Music is the embodiment in heart, soul, and physical form of the heartbeat of Source energy making love to itself. To give such a gift of music is to live and BE what is given in every sense of the word. For one cannot give what one is free from being themselves. Music is the river of Love in which we drink from that infinitely replenishes us in being this living and BEing expression of the Master Artist, giving to our soul first, filling us until our cup runneth over and in that we in turn may give to others being continuously and infinitely replenished with the harmony and melody of life.

Within an instrumental love song, you can feel the said and the unsaid because you hear the flow within the chordal progressions, the cadences, the syncopations, and the intonations. The rise and fall, the crescendo like the waves of the ocean as the merge into One, it is a painting of the artists brush that gives birth to lyrics that are not of words. Its a making love with the instrument of six strings which then gives birth to such beauty. With lyrics, there is a sense of directness, of feeling that entwines with the instrumental that can evoke that timelessness and infiniteness of a burst of emotion which is given within the instrumental yet also gives meaning within a story of frozen thoughts, of passion, of desire expressed. The deepness, the vastness, the richness of such a song is as infinite as the flow of the sea, and as beautiful as the palette within the rainbow of colours expressed.

When we flow within the river of love, such desire and passion unleashed is the blossoming of the heart as it burst forth painting such a canvas. The gift of song is the piercing of loves arrows as they evoke such passion, as it is passion that is the purpose of life. It matters not if the lyrical content is of lower or higher chakras, what matters is the invocation of the feelings of love, passion, and desire derived from such lyrics and that such an artist is in complete alignment with the music that they create. When an artist can invoke such within the listener, regardless of whether it is love and light words or not, that is a true master artist.

To passionately feel the music is to passionately understand how an artist works. To understand 'What is a song?' A song is frozen thoughts and inspiration that is collected and placed into a vibration that when heard creates thoughts, images, feelings and emotions of the heart that become the memorable moments of a person's life, so that when you hear that song that memory of life and those emotions and feelings ignited within you literally come to life taking you beyond infinity into a place of pure bliss. So that when you hear that song, you transported right back to that memory in your life that ignites that passion and desire within your heart. Those are the powerful songs of the heart. When we give another such inspiration it is the universe kissing us with the breath of inspiration through infinite possibility.

There are moments that the sparkle in her eyes shows you the softer side of her that few understand and yet to understand the Princess is to see her face light up in moments of beauty given and to understand why. Other moments she is still and speaks with the wisdom of all ages that awes and inspires you. There are times when the music she gives to the winds that carries its message cuts to the very core of all within hearing and there are moments when all are deaf within her sphere. Within understanding the heart and the very soul and being of the Princess is to understand that her heart is seldom understood and yet it is you who chooses to understand. Within this is a humility, honour, reverence, and immense love for her and who she truly is that is about you when you choose to understand the heart and soul of the Princess. For it is the energy of the Princess, her very being and essence, that fills your heart and soul to its core.

Sometimes there are illusions in which she feels that it's like literally everyone wants to take her energy, connect with her, and call it their own. As if it were vampires taking from her rather than drinking of the living waters which are freely given to all, not just the Princess. If you would bless her and be part of her world, then it is with the understanding of please being free of desiring or needing her in any such ways as those vampires. For it causes her to retreat from such an illusion, and when persisted, final total retreat. For there are so many lives that will be touched by her Love and Light and you will get the opportunity to see, feel, and experience this through touching the lives of her inner circle....it is a vulnerable place for her to be in within opening her heart to you, and in that she will ask that if you are to bless her and be part of her inner circle, that you do and be this being gentle with her heart and understanding truly what it takes for her to really do this with you and for the world. That she is honoured to share this space with you and to please be gentle with her heart and soul.

To understand the Princess is to fathom that she is guided by the songs echoing the same heart of the Master Artist that gives all to love as she gives all to love in each moment. For Spirit guides her in love to do and be What Love Would Do Now, taking her and those whom she embraces within her inner circle where her heart leads her always, in all ways. Knowing beyond all knowing, understanding beyond all understanding that the Love and Light, beauty and peace, bliss and prosperity she is comes full circle to her and all whom she touches infinitely. Understanding that sometimes that this begins with us taking that leap of faith to get the ball rolling in that circle to have it come back to you. And in that, her heart and soul are that of the Troubadours as well, for they share the same heart, the same soul.

The Princess believes with all her heart and with the very core essence of her being that you are worth it, that she is worth it, we all are worth it and are amasing and that our message to the world is that important that she is willing to do and be whatever Spirit guides her in love to do and be within What Would Love Do Now. For she has always, in all ways lived her life as such as she lives and breathes this very being in all she touches. For the Princess understands that Love is about Love's calling and the complete surrender of one's divine free choice given to be completely One with the one who calls, and the infinite depth of the feeling and risks within taking such leaps of faith in one's life as one understands life to be if one so chooses to surrender and fall into such a river of love, and the implications of lament to one's life if one was to not follow love's beckoning call. Such devotion, contemplation, and action means to give all to love and it is something that the Princess chooses to give freely and selflessly in each moment to the Master Artist, to her soul, to the Troubadour, and to all, as this is the Diamond energy essence of Love and Light that she beholds within her and radiates out to all.

The Princess is a being of the depth of wisdom of all ages. She has an inner knowing beyond all knowing, an understanding beyond all understanding. In that place which is beyond our sights, she resides in where love is sure and pure, where nothing can divide, always, in all ways. There are souls on the earth who are living and being within such unsuredness which is so different from the space she resides in constantly in which she sees and understands that they are seeking to be within such a kingdom she resides within. There are moments within her such sureness that she is free from ever experiencing anything other than this sureness and that this at moments frightens others. To be such integrity of living and being one's own truth which is of the absoulute truth is the very breath and being the Princess is.

To understand the heart of the Princess is to equally understand that there will be moments in which the Princess within all of her sureness that she too is scared. And it is within your understanding that it is ok for her to be scared that she flies as the seagull flies. It is within this that she takes leaps of faith in following her heart even upon when she is scared for this is the truest test of unshakable faith. For she will vow to you that she will show you that raw, vulnerableness more to you if you are to hold her in honour, reverence, and love for doing so. If you are to bless her and be within her inner circle that you understand this vulnerability expressed as she understands yours and that you be free from allowing such a vulnerability expressed by her to fall on deaf ears. That you understand how hard it is to show this part of her to you as she understands how hard it is for you to show this side of you to her. And in that understanding, she is honoured to have you there by her side to touch such lives within the All she is and within the All you are. To understand the heart and soul of the Princess is to understand she is a mirror of you. For you are the Princess and she is you. Just as the Troubadour is you and you are he. The arrival of such an understanding comes when we open our heart deeply, beyond infinity and beyond eternity into the realm of love of one's own soul and the love of sacred hearts entwined.

The Princess often gazed at the ethereal twilight proclaiming the depth of this love. In such truth, the quill and the voice lay silent. Even the wind be free from such utterance within such depth of truth. A prince such as the Troubadour, by his rights in the kingdom, has in his treasures such pearling shells of the understanding of love. Yet, not even a prince can take from this handful of shells such love being given and received within him through the life

force of a woman. No more than a sailor far at sea can enter the inner chambers of this same Princess with such treasure being given and received. To receive such a love given is not to take it through entering such inner chambers of this Princess, for it is a love that is what no one can give unless it is given them.

Love is deeper than the sacrifice of any mother protecting her child. Love is deeper than one hanging on a cross for the remote chance another may understand love through it. Love is deeper than total sacrifice offered. Love is witnessing the very Master Artist expressing all within proclaiming what real love is. If a man and woman are to join in the sacredness of why she is the melody and he the harmony of this song, only then shall real love be given and received. The Master Artist has given its all for such lovers to entwine. My role is not to hang on a cross. For if I am to honestly pray that 'Thy will be done', is it not faire that I also go on such journeys of the heart?

If Princess and sailor are indeed to meet, it is the Author of All That Is, who is to be the one to give the blessing of such a union. And if such a blessing is given, the Princess and sailor will immediately know with their inner knowing of this union to be. There will be no guessing it, or doubting it or fleeing from it. For if it is to be, it will occur effortlessly, synchronistically, with signs of its occurrence evident on such a journey to such a meeting. Any resistance to such a union will immediately fade away upon the journey and its arrival. For the union of such sacred hearts entwined simply just IS, it is Infinitely Spiritual, Infinitely One.

If such a union is blessed by the Master Artist, the Author of All That Is, it is the refined hearts that have been stripped of all that is not love before coming into being and mirroring this same author in love, that will taste the sweetness of life's nectar of what real love given and received through a man and woman is. Two stars colliding into a Oneness that is beyond comprehension. It is the reason why she is the melody and he is the harmony of this song of the heart, and of the soul. Two souls BEing One, as ambassadors of the Love and Light and as sacred hearts entwined; loving one another and the world and everyone in it deeply, within a love that is within a place beyond our sights where love is sure and where love pure, where such love is beyond infinity and eternity.

To reveal love exchanged by such a Princess and sailor is the Sun and the sea melding into one another upon its kiss at sunset. It is also the Author of All That Is, creating all Suns and the oceans and rivers at once in the OM, the One Moment of their embrace and kiss. Such love is beyond the illusions we call as time and space for it is beyond infinity. The moment of this melding of energy and physicalness of being is all eternity collected into this very OM of the One Moment, and this moment reverberating into all eternity. For this is the soul of the Princess of such truth as she rests upon the shore of the homeland.

More can be found of who I Am within my song here <u>http://www.diamondlady.net/songoftheprincess.html</u>